

Why do I Need a Mentor?

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Why a Mentor?

Some Reasons to Seek a Mentor

- Inspiration
- Networking
- Honest feedback
- Openly share “anxieties”
- Use mentor’s knowledge of what it takes to succeed
- Learn from your mentor’s experience, grow through your mentor’s networks, and seek your mentor’s insight and perspective

Additional Thoughts

- Mentoring is a team sport—and you may need different mentors at different stages of your career
- Can help to focus your short and long term goals
- Mentors can hold you accountable
- Mentors can be your advocate